

Lanesboro 2022-2023 Menu

*Subject to change due to availability & price

November

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1 Breakfast Apple Cinnamon roll or cold cereal, milk, fresh fruit or juice</p> <p>Lunch Goulash, corn, bread & butter, Caesar salad, pears, milk</p>	<p>2 Breakfast Breakfast pizza or cold cereal, milk, fresh fruit or juice</p> <p>Lunch Pulled pork on a bun, baked beans, chips, coleslaw, fresh fruit, milk</p>	<p>3 Breakfast Cereal or pumpkin bread, milk, fresh fruit or juice</p> <p>Lunch Lasagna, peas, garlic bread, garden salad, pineapple, milk</p>	<p>4 Breakfast Donut or cold cereal, milk, fresh fruit or juice</p> <p>No lunch</p>
<p>7 Breakfast Pancake or cold cereal, milk, fresh fruit or juice</p> <p>Lunch Beef & noodles, peas, bread stick, garden salad, mandarin oranges, milk Grades 7-12, Chef Salad</p>	<p>8 Breakfast Cereal or banana bread, milk, fresh fruit or juice</p> <p>Lunch Chicken nachos, salad bar fixings, corn, fresh fruit, milk</p>	<p>9 Breakfast Pancake wrap on a stick or cold cereal, milk, fresh fruit or juice</p> <p>Lunch Chili w/ crackers, sliced cheese, carrots & broccoli w/ dip, applesauce or apple crisp, milk</p>	<p>10 Breakfast Cereal or pumpkin bread, milk, fresh fruit or juice</p> <p>Lunch Orange chicken, rice, Caesar salad, mixed vegetables, peaches, milk</p>	<p>11 Breakfast Donut or cold cereal, milk, fresh fruit or juice</p> <p>Lunch Macaroni & Cheese, green beans, garden salad, mandarin oranges, milk Grades 7-12, Chef Salad</p>
<p>14 Breakfast Waffle or cold cereal, milk, fresh fruit or juice</p> <p>Lunch Hot dog on bun, baked beans, coleslaw, chips, applesauce, milk Grades 7-12, Chef Salad</p>	<p>15 Breakfast Cereal or banana bread, milk, fresh fruit or juice</p> <p>Lunch Turkey with gravy, over mashed potatoes, stuffing, Caesar salad, fresh fruit, milk Pumpkin bars</p>	<p>16 Breakfast French toast sticks or cold cereal, sausage links, milk fresh fruit or juice</p> <p>Lunch Chicken noodle soup, Egg or cheese sandwich, garden salad, peaches, milk</p>	<p>17 Breakfast Cereal or pumpkin bread, milk, fresh fruit or juice</p> <p>Lunch Beef stroganoff, corn, dinner roll, Caesar salad, fresh fruit, milk Grades 7-12, Chef Salad</p>	<p>18 Breakfast Donut or cold cereal, milk, fresh fruit or juice</p> <p>Lunch Ham, turkey & cheese hoagies, garden fixings, chips green beans, mandarin oranges, milk</p>
<p>21 Breakfast Pancake or cold cereal, milk, fresh fruit or juice</p> <p>Lunch Hamburger French fries, macaroni salad, garden fixings, fruit, milk</p>	<p>22 Breakfast Cereal or banana bread, milk, fresh fruit or juice</p> <p>Lunch Chicken nuggets, tater tots, Caesar salad, peaches, milk Grades 7-12, Chef Salad</p>	<p>23</p> <p>Thanksgiving</p> <p>NO school</p>	<p>24</p> <p>Thanksgiving</p> <p>NO school</p>	<p>25</p> <p>Thanksgiving</p> <p>NO school</p>
<p>28 Breakfast Waffle or cold cereal, milk, fresh fruit or juice</p> <p>Lunch Pizza, corn, garden salad, mandarin oranges, milk</p>	<p>29 Breakfast Cereal, milk, fresh fruit or juice</p> <p>Lunch Chicken nuggets, green beans, garden salad, bread & butter, applesauce, milk</p>	<p>30 Breakfast Breakfast pizza or cold cereal, milk, fresh fruit or juice</p> <p>Lunch Pulled pork on a bun, baked beans, chips, pasta coleslaw salad, fresh fruit, milk</p>	<p>Grades 7-12 Chef Salad counts for your meal with fruit and milk. There will be ham or turkey, cheese, and vegetables in the salad served with salad dressing. (You don't get the main entrée with chef salad.)</p>	

