

# November

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1 Breakfast</b> Whole-grain waffle or cold cereal, milk, fresh fruit or juice  <b>Lunch</b> Tacos, salad bar fixings, corn, black bean salad, fresh fruit, milk	<b>2 Breakfast</b> Cinnamon roll or cold cereal, milk, fresh fruit or juice  <b>Lunch</b> Spaghetti w/ meat sauce, broccoli, breadstick, pineapple, milk
<b>5</b>  <p style="text-align: center;"><b>No School</b></p>	<b>6 Breakfast</b> Pancake on a stick or cold cereal, milk, fresh fruit or juice <b>Lunch</b> Chicken fajita salad, corn salad bar fixings, corn chips, fresh pears, milk	<b>7 Breakfast</b> French toast sticks or cold cereal, sausage links, syrup, milk, fresh fruit or juice <b>Lunch</b> Chili w/ crackers, sliced cheese, carrots & broccoli w/ dip, applesauce or apple crisp, milk	<b>8 Breakfast</b> Breakfast pizza or cold cereal, milk, fresh fruit or juice <b>Lunch</b> Chicken pot pie, pea's dinner roll, Caesar salad, fresh fruit, milk	<b>9 Breakfast</b> Cinnamon roll or cold cereal, milk, fresh fruit or juice <b>Lunch</b> Ham, turkey & cheese wrap, salad fixings, chips, banana, milk
<b>12 Breakfast</b> Whole-grain pop tart or cold cereal, milk, fresh fruit or juice  <b>Lunch</b> French toast sticks, sausage links, potato wedge, fresh fruit, milk	<b>13 Breakfast</b> English muffin w/ sausage & cheese or cereal, milk, fresh fruit or juice  <b>Lunch</b> Chicken patty on bun, garden bar fixings, broccoli, applesauce, milk	<b>14 Breakfast</b> Scrambled eggs & toast or cold cereal, milk, fresh fruit or juice  <b>Lunch</b> Chicken noodle soup, Egg or cheese sandwich, garden salad, mixed fruit, milk	<b>15 Breakfast</b> Whole-grain waffle or cold cereal, milk, fresh fruit or juice  <b>Lunch</b> Beef stroganoff, corn, dinner roll, Caesar salad, fresh fruit, milk	<b>16 Breakfast</b> Cinnamon roll or cold cereal, milk, fresh fruit or juice  <b>Lunch</b> Macaroni & Cheese, green beans, garden salad, fresh oranges , milk
<b>19 Breakfast</b> Pancakes or cold cereal, milk, fresh fruit or juice  <b>Lunch</b> BBQ on bun, French fries, green beans, Caesar salad, pears, milk	<b>20 Breakfast</b> Pancake on a stick or cold cereal, milk, fresh fruit or juice  <b>Lunch</b> Roast turkey, baked potato, corn, garden salad, dinner roll, fruit, pumpkin bar, milk	<p style="text-align: center;"><b>Thanksgiving</b> No school</p>	<p style="text-align: center;"><b>Thanksgiving</b> No school</p>	<p style="text-align: center;"><b>Thanksgiving</b> No school</p>
<b>26 Breakfast</b> Whole-grain pop tart or cold cereal, milk, fresh fruit or juice  <b>Lunch</b> Pizza, green beans, Caesar salad, mandarin oranges, milk	<b>27 Breakfast</b> English muffin w/ sausage & cheese or cold cereal, milk, fresh fruit or juice  <b>Lunch</b> Chicken strips, carrots, garden salad, bread & butter, applesauce, milk	<b>28 Breakfast</b> Scrambled eggs & toast or cold cereal, milk, fresh fruit or juice  <b>Lunch</b> Pulled pork on a bun, baked beans, coleslaw, peaches, milk	<b>29 Breakfast</b> Whole-grain waffle or cold cereal, milk, fresh fruit or juice  <b>Lunch</b> Walking taco, salad bar fixings, corn, black bean salad, fresh fruit, milk	<b>30 Breakfast</b> Cinnamon roll or cold cereal, milk, fresh fruit or juice  <b>Lunch</b> Spaghetti w/ meatballs broccoli, breadstick, pineapple, milk